

## Physical Education

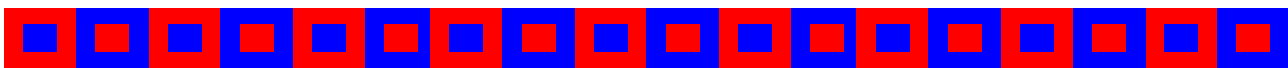
Advanced level Physical Education is offered as a natural progression from GCSE.

Contact: Mr Llyr Thomas



### Course Content and Structure

Advanced Subsidiary (AS)	Advanced Level (A2)
<p><b>Unit 1: An Introduction to Physical Education</b></p> <p>Section A - Anatomy and Physiology            Section B - Acquiring Movement Skills            Section C - Socio-Cultural Studies relating to participation in physical activity.</p> <p>Weighting: AS – 50% A2 – 25%</p>	<p><b>Unit 3: Socio-Cultural Options + Performance Monitoring</b></p> <p>Sports Psychology            Performance enhancement            Biomechanics            Exercise and Sport Physiology</p> <p>Weighting: A2 – 50%</p>
<p><b>Unit 2: Acquiring, developing and evaluating practical skills in Physical Education</b></p> <p>Focus on the acquisition and development of skills in the roles of performing, coaching/leading and officiating.</p> <p>Weighting: AS – 50% A2 – 25%</p>	<p><b>Unit 4: The improvement of effective performance</b></p> <p>Performance, evaluation, appreciation and the improvement of performance.            Investigative research</p> <p>Weighting: A2 – 50%</p>
<p>AS = 2 units (studied in Year 12) A2 = All units (studied in Years 12 &amp; 13)</p>	



### Assessment:

Year 12 – AS (2 Units)	Year 13 – A2 (2 Units)
Unit 1 – 2 hour examination Unit 2 – Practical coursework	Unit 3 – 2½ hour examination Unit 4 – Practical coursework

### Subject skills

Communication

Research Techniques

Information Handling

Information Technology

Application Skills

Observation and Analysis

Practical Skills



**Progression at 18+:**

Fully acceptable qualification for entry to university & higher education in general.  
Wide range of career possibilities including:

Performer, PE Teacher, Sports Coach, Leisure industry, Agent, Sales,  
Sports Journalist, Personal Trainer, Development Officer, Psychology, Dietician, Physiotherapy,

