



# Y Bwletin *Wythnosol* Weekly Bulletin

01/05/2023 - 05/05/2023



Da iawn Osian Jones a  
Dafydd Williams o  
flwyddyn 8 yn  
cynrychioli Ysgolion  
Ceredigion yn rownd  
gyn derfynol Ysgolion  
Sirol ddydd Sadwrn.

Well done Osian Jones  
and Dafydd Williams of  
year 8 representing  
Ceredigion Schools in  
the Welsh County  
Schools semi final on  
Saturday.



# Canolfan Croeso & Canolfan y Mor

Mae'r Ganolfan Croeso a Chanolfan y Môr wedi mwynhau gwyl Rygbi Chwarae i Bawb gan gymryd rhan mewn gweithgareddau rygbi aml-sgil yn cystadlu yn erbyn ysgolion eraill.



Canolfan Croeso and Canolfan y Mor students enjoyed the Play For All Rugby festival taking part in multi-skilled rugby based activities competing against other schools.



## Lowri James-Evans

Da iawn i Lowri James-Evans o Flwyddyn 9 am chwarae i dîm pêl droed Ceredigion. Gêm gystadleuol a chyffrous gyda'r sgôr yn gorffen 3-2 i Geredigion.

Well done to Lowri James-Evans from Year 9 for playing for the Ceredigion football team. A very competitive and exciting game with the score finishing 3-2 to Ceredigion.



## Mabli Thomas & Francesca Cooper

Aethon nhw i Abertawe i gystadlu yng nghystadleuaeth dawns eiconig y stryd ar nos Sul 30/4. Ilwyddodd y ddwy i chwalu eu dawns deuawd, a daethant yn 2il mewn cystadleuaeth anodd iawn.

They went to Swansea to compete in an iconic street dance competition on Sunday 30/4, they both smashed their duo dance and came 2nd in a very tough competition.

# Cadan Lloyd-Jones



Cadan Lloyd-Jones from Year 7 over the past 3 months has been racing in the National Icebreakers Series, on the track at the Geraint Thomas National Velodrome of Wales in Newport. This was his first National level races, against the same age boys from across the UK, and his first indoor velodrome racing.

He managed a very well placed, 6th overall!

Cadan took part in the Youth National Omnium held in Carmarthen Velodrome, which consists of 5 races - time trial, a scratch race, elimination race, Keirin and Points. He raced very hard, in fast competitive races and managed a very strong 4th overall finish. Well done and congratulations Cadan!

Mae Cadan Lloyd-Jones ym Mlwyddyn 7 a dros y 3 mis diwethaf wedi bod yn rasio yng Nghyfres Genedlaethol yr Icebreakers yn Felodrôm Geraint Thomas Cenedlaethol Cymru yng Nghasnewydd. Hon oedd ei ras lefel Genedlaethol gyntaf, yn erbyn bechgyn o'r un oed o bob cwr o'r DU, a'i rasio felodrom dan do cyntaf. Fe ddaeth yn 6ed mewn sefyllfa dda iawn!

- | Ddydd Sul (23/04)
- | cymerodd Cadan ran yn Omniwm Cenedlaethol leuenctid a gynhaliwyd yn Felodrôm Caerfyrddin, sy'n cynnwys amrywiaeth o 5 ras - Rasiodd yn galed iawn, mewn rasys cystadleuol cyflym a rheolodd 4ydd gorffeniad cyffredinol cryf iawn.
- | Da iawn a llonyfarchiadau Cadan!



# NODYN Y PENNAETH



Rydym yn tynnu at benwythnos hir arall oherwydd ail gwyl y banc. Mae'n sefyllfa anarferol iawn ond rwy'n dymuno'r gorau i bawb at dridiau da gan gofio y bydd llawer o rieni a disgylion yn gweithio am gyfnodau o'r diwrnodau nesaf hefyd.

Rwy'n gobeithio bod ein disgylion hynnaf yn llwyddo i gadw'r cydbwysedd rhwng gwaith sy'n talu, amser i adolygu, ac amser i ymlacio. At eich sylw, rwy'n cynnwys dolen at reoliadau oriau gwaith i blant sy'n cynnwys y pwynt "During term time children can only work a maximum of 12 hours a week. This includes a maximum of 2 hours on school days and Sundays." Mae cofio hyn yn hynod o bwysig, yn enwedig gan fod yr arholiad TGAU cyntaf ddydd Gwener nesaf.

## **Child employment: Restrictions on child employment - GOV.UK** **([www.gov.uk](https://www.gov.uk))**

Mi fydd Estyn yn cyhoeddi ei adroddiad yn dilyn arolwg o'r Ysgol ym Mis Mawrth. Mi fydd yn braf gallu rhannu hwn gyda chi ymhen wythnos.

## **HEADTEACHER'S NOTE**

We are heading into another long weekend due to second bank holiday in May. It is a very unusual situation but I wish everyone the best for a good three days bearing in mind that many parents and pupils will be working for periods of the next few days as well.

I hope that our older pupils manage to maintain a sensible balance between work that pays, time to revise, and time to relax. For your reference, I include a link to the working hours regulations for children which include the point "During term time children can only work a maximum of 12 hours a week. This includes a maximum of 2 hours on school days and Sundays." This is particular important this week, especially as the first GCSE exam is next Friday.

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Estyn will publish its report following the inspection of the School in March. Once published, this will be shared with our pupils, parents and guardians, and staff.